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CONTACT US



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Hartlepool Hospice Ltd is known locally as Alice House Hospice, formerly
Hartlepool & District Hospice.
Registered Charity Number : 510824 | Registered Company Number : 1525658

Day Hospice

at Alice House



Helping relieve isolation, giving
carers a break and improving
wellbeing

Caring physically,
psychologically, socially and
spiritually for patients and their
families

Alice House Hospice provides a Day Hospice for people living with
life limiting illnesses who live in the community. This service is
based in the Holistic Wellbeing Centre and operates on Thursdays
from 10am to 3pm.

Care is provided in a relaxed, friendly environment and
accommodates up to 9 people according to dependency.

Patients are invited for a 6 - 8 week programme and are reviewed if
appropriate.



Dignity, Respect, Support and Care

Why come to Day Hospice

You can come to Day Hospice for a variety of reasons to address your healthcare needs:

- Help control symptoms such as pain and sickness
- Improve wellbeing
- Give carers a break
- Relieve isolation and find support
- Signpost to other services.



Accommodation & Facilities

Many people who use our services are worried about coming to Day Hospice and are pleased to find that it has such a relaxed, positive and welcoming atmosphere, where people are encouraged to spend the day getting the support they require to meet their individual health needs.



What can I do there?

At Day Hospice each person can:

- Meet others who are in a similar position
- Share experiences
- Enjoy Complementary Therapies
- Address their symptoms and be treated by our Multi-Disciplinary Clinical Team
- Obtain advice and express concerns with specially trained staff
- Develop new interests and stimulate old ones.

A visit to our Day Hospice will also allow a day of rest for your family and carers.



Your first visit

On arrival you will be assessed by our highly trained Multi-Disciplinary Team including doctors and nurses and a care plan will be developed, based on your unique needs and in conjunction with yourself and your family.

To ensure your comfort, please bring everything you need for that day including any medication you are taking. A light lunch will be provided.



Activities

People have the opportunity to participate in a variety of special activities and discussion groups during their stay, including Complementary Therapy, Relaxation and creative activities such as card making, collage, demonstrations and quizzes.

For people wishing for a more relaxed visit, they can choose to sit quietly or talk to fellow patients.

The Team

Our highly trained staff and volunteers work together to relieve the physical, emotional, social, spiritual and psychological symptoms of a person's illness, whilst enhancing the quality of the life they have with their family and friends.

Our Team includes:

- Doctors
- Nurses
- Volunteers
- Physiotherapist
- Complementary Therapist
- Catering and Housekeeping Staff
- Family Support Staff
- Counselling Service



The Hospice is a non smoking environment. However, people who wish to smoke can do so in designated sheltered smoking areas outside the building.

All information you provide remains confidential. It is only shared with members of the Hospice Team who are involved in your care and treatment.