

Time limited group work?

This six week group provides children with the chance to meet other bereaved children in a supportive environment and share, as well as gain support and engage in focused activities to express their memories and feelings of loss.



How can I access the service?

To access the Alice House Hospice Children's Bereavement Service please telephone 01429 855550.



Alice House Hospice
Serving the communities of
Hartlepool & East Durham

Covid-19 We are continuing to provide essential care for patients. COVID-19 restrictions are subject to change. Please contact us to check on our current policies.

For further information about this service please contact the Hospice Bereavement Team at:

Alice House Hospice
Alice House
Wells Avenue
Hartlepool
TS24 9DA

Tel: 01429 855550
Fax: 01429 855556

or visit our website at:
www.alicehousehospice.co.uk

Hartlepool Hospice (known locally as Alice House Hospice and formerly Hartlepool & District Hospice) is a charity within England and Wales registered with charity number: 510824.
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Registered office: Alice House, Wells Avenue, Hartlepool, TS24 9DA

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Hartlepool & East Durham



Alice House Hospice

Children's Bereavement Service



Dedicated to supporting children and their families who are experiencing a significant bereavement

Support for the whole family:
Children, young people and adults

Dignity, Respect, Support and Care

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About children's and young people's grief

When someone close to you dies, it is natural to grieve, everyone's grief is different and coming to terms with the loss of someone you love can be very lonely and confusing.

Children do not always have the words to express the range of thoughts and feelings they experience when grieving. A range of items enable us to encourage the expression of their grief in other more creative, often non verbal ways. This helps to support, understand and normalise grief, encouraging memories and promoting positive ways of coping.



Children's Space: The specially designed room for children with a play area and comfy corner.

The Service

Our Children's Bereavement Service is the only specialist bereavement service in the area, supporting children, young people and their families.

As this is a community based service, the team works with families bereaved in many different ways including sudden and traumatic death and suicide, as well as those for whom the death was expected. We have strong links and work together with other agencies in the area who work with children and refer to us as specialists in our field.

Our team supports teachers and other professionals working with children if it is more appropriate that the support comes from those already known and trusted by the child.

What does our service offer?

- A dedicated child friendly space
- Individual counselling
- Therapeutic family work
- Time limited group work
- A range of resources

Every effort is made to ensure that a high quality, ethical service is offered at the time of need to meet individual circumstances.

Who can use these services?

Children and young people aged between 5 and 17 years who have experienced the death of a loved one, regardless of whether or not they have had previous connections with the Hospice.



How can I make a referral?

Referrals can be made by a GP, teacher or other health or social care professional involved with the child or young person. Children can also be referred by a family member.

What happens next?

An appointment for an initial assessment will be made for the child, along with a parent or guardian to determine the child's individual needs. At this appointment the limits of confidentiality will be explained.

If it is appropriate for individual work to commence the sessions will last up to one hour.

