

Serving the communities of
Hartlepool & East Durham



Alice House Hospice

Community Bereavement Service



**Dedicated to helping you live
with loss**

When someone close to you dies it is normal to grieve. Everyone's grief is unique and coming to terms with the loss of someone you love can be very lonely and confusing.

For many people the support of friends and relatives helps them to adjust. But sometimes, it can be difficult to find a way through the complexities of grief.

Support for the whole family -
Adults, Young People and
Children

Dignity, Respect, Support and Care

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Our team help individuals understand their experiences and feelings by offering:

- Individual counselling.
- Counselling and support for children.
- Support to schools.
- A wide range of resources

These services are free and confidential.

Who can use these services?

Our service is the only specialist centre for bereavement support in the Hartlepool & East Durham area and is open to children, young people or adults who are struggling with the loss of a loved one, regardless of whether they were cared for by the Hospice or not.

Who runs the Bereavement Service?

The Bereavement Team consists of highly trained staff and volunteers who work to a nationally agreed code of practice.

How can I make a referral?

Referrals can be made by a GP or other health or social care professionals involved with a particular individual. For children or young people, this may be someone involved in their education. You may also refer yourself to our service.

Following a referral the Hospice Team will carry out an initial assessment to determine whether the service can help and what is the most appropriate form of support.

How many sessions will I need?

As everyone is different, this will be assessed on an individual basis.

How can I contact the team?

For further information, please contact the Bereavement Team direct on (01429) 855550.

Hartlepool Hospice (known locally as Alice House Hospice and formerly Hartlepool & District Hospice) is a charity within England and Wales registered with charity number: 510824.

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